

SUMMARY OF PRODUCT CHARACTERISTICS (SPCC)

1. NAME OF THE MEDICAL PRODUCT

Tenofovir Disoproxil Fumarate Tablets 300 mg

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each film-coated tablet contains Tenofovir Disoproxil fumarate 300 mg equivalent to Tenofovir Disoproxil 300 mg

3. PHARMACEUTICAL FORM

Film-coated tablets. Light blue capsule shaped, biconvex, film-coated tablets debossed with "TNV" on one side and plain on the other side.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications HIV-1 infection: Tenofovir is indicated in combination with other antiretroviral medicinal products for the treatment of HIV-1 infected adults over 18 years of age.

The choice of Tenofovir to treat antiretroviral experienced patients with HIV-1 infection should be based on individual viral resistance testing and/or the treatment history of the patient.

4.2 Posology and method of administration Therapy should be initiated by a physician experienced in the management of HIV infection and/or treatment of chronic hepatitis B.

Adults: The recommended dose for the treatment of HIV and for the treatment of chronic hepatitis B is 300 mg tenofovir disoproxil fumarate (one tablet) once daily taken with food.

In HBsAg positive patient's treatment should be administered for at least 5-12 months after confirmed HBs seroconversion (i.e. HBsAg loss and HBV DNA loss with anti-HBs detection).

Adults: The recommended dose for the treatment of HIV and for the treatment of chronic hepatitis B is 300 mg tenofovir disoproxil fumarate (one tablet) once daily taken with food.

With prolonged treatment for more than 2 years, regular reassessment is recommended to confirm that continuing the selected therapy remains appropriate for the patient.

Paediatric patients: Tenofovir is not recommended for use in children and adolescents below the age of 18 years due to insufficient data on safety and efficacy (see section 5.1).

Renal impairment: Mild renal impairment: No dose adjustment is necessary for patients with mild renal impairment (creatinine clearance 50-80 ml/min).

Moderate to severe renal impairment: Significantly increased drug exposures occurred when tenofovir was administered to patients with severe renal impairment (see section 4.2).

Table 1: Dosage Adjustment for Patients with Altered Creatinine Clearance

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Table with 4 columns: Creatinine Clearance (ml/min), Recommended Dosing Interval (300 mg tenofovir disoproxil fumarate), and Hemodialysis Patients.

* Calculated using ideal (lean) body weight. Adequate dose adjustments cannot be applied due to lack of alternative label strengths.

5.1 Pharmacokinetics: The pharmacokinetics of tenofovir have not been evaluated in non-haemodialysis patients with creatinine clearance <10 ml/min; therefore, no dosing recommendation is available for these patients.

5.2 Contraindications: Hypersensitivity to the active substance or to any of the excipients.

5.3 Special warnings and special precautions for use: General: Tenofovir disoproxil fumarate has not been studied in patients under the age of 18 years or in patients over the age of 65 years.

5.4 Pregnancy and lactation: Tenofovir is primarily excreted by the kidneys, through a combination of glomerular filtration and active tubular secretion.

5.5 Fertility: There are limited data on the safety and efficacy of tenofovir disoproxil fumarate in patients with impaired renal function (< 80 ml/min).

5.6 Use in combination with other medicinal products: Co-administration of tenofovir disoproxil fumarate and didanosine is not recommended.

5.7 Interactions: Table 2: Interactions between tenofovir disoproxil fumarate and other medicinal products.

5.8 Adverse effects: The most common adverse effects are headache, diarrhoea, nausea, and vomiting.

5.9 Laboratory tests: Laboratory tests should be performed in patients at risk for renal impairment.

5.10 Overdose: There are no specific antidotes for tenofovir disoproxil fumarate.

5.11 Storage: Store at room temperature (15-30°C).

5.12 Packaging and shelf life: The shelf life of tenofovir disoproxil fumarate tablets is 36 months.

5.13 Excipients: The tablets contain lactose, croscarmellose sodium, and hydroxypropyl methylcellulose.

5.14 Other information: Tenofovir disoproxil fumarate is a nucleoside reverse transcriptase inhibitor.

5.15 Summary of benefits versus risks: The benefits of tenofovir disoproxil fumarate outweigh the risks.

5.16 Marketing authorization holder: Gilead Sciences, Inc.

5.17 Date of revision: 2015-05-20

decline (see section 4.8). Among tenofovir-treated patients on-treatment exacerbations typically occurred after 4-8 weeks of therapy.

Exacerbations of hepatitis - Flares after treatment discontinuation: acute exacerbation of hepatitis has also been reported in patients who have discontinued hepatitis B therapy.

Co-infection with HIV-1 and hepatitis B: due to the risk of development of HIV resistance, tenofovir disoproxil fumarate should be used as part of an appropriate antiretroviral combination regimen in HIV/HBV co-infected patients.

Lactic acidosis is a rare but severe, potentially life-threatening complication associated with use of nucleoside reverse transcriptase inhibitors (NRTI). Several other agents of this class are known to cause lactic acidosis.

Combination antiretroviral therapy has been associated with the redistribution of body fat (lipodystrophy) in HIV-infected patients.

Mitochondrial dysfunction: Nucleoside and nucleotide analogues, have been demonstrated in vitro and in vivo to cause a variable degree of mitochondrial dysfunction.

Immune Reactivation Syndrome: In HIV-infected patients with pre-existing severe immune deficiency, typically in the first few weeks or months after initiation of combination ART, an inflammatory reaction to asymptomatic or residual opportunistic pathogens (e.g. CMV retinitis, mycobacterial infections, Pneumocystis pneumonia) may arise and cause serious clinical conditions or aggravate existing conditions.

Excipients: Patients with rare hereditary problems of galactose intolerance, the Lapp lactase deficiency or glucose-galactose maldigestion should not take this medicine.

4.5 Interaction with other medicinal products and other forms of interaction: In vitro studies have only been performed with tenofovir disoproxil fumarate.

Based on the results of in vitro experiments and the known elimination pathway of tenofovir, the potential for CYP450 mediated interactions involving tenofovir with other medicinal products is low.

Concomitant use not recommended: Tenofovir should not be administered with any other medicinal products containing tenofovir disoproxil fumarate.

Tenofovir should also not be administered concurrently with adalfovir dipivoxil. Didanosine: Co-administration of tenofovir disoproxil fumarate and didanosine is not recommended (see section 4.4).

Renally eliminated medicinal products: Since tenofovir is primarily eliminated by the kidneys, co-administration of tenofovir disoproxil fumarate with medicinal products that reduce renal function or compete for active tubular secretion may increase tenofovir exposure.

Use of tenofovir disoproxil fumarate should be avoided with concurrent use of a nephrotoxic medicinal product. Some examples include, but are not limited to, aminoglycosides, amphotericin B, foscarnet, ganciclovir, pentamidine, vancomycin, cidofovir or irinotecan-2 (see section 4.4).

Given that tacrolimus can affect renal function, close monitoring is recommended when it is co-administered with tenofovir disoproxil fumarate.

Other interactions: Interactions between tenofovir disoproxil fumarate and HIV protease inhibitors, as well as antiviral agents other than protease inhibitors, have been studied in clinical trials.

Table 2: Interactions between tenofovir disoproxil fumarate and other medicinal products

Medical products with therapeutic effects: Effects on drug levels: Mean % change in AUC, C_{max} and t_{1/2}.

ANTH-INFECTIVES: Protease inhibitors: Atazanavir (400 mg q.d.), Darunavir/Ritonavir (300 mg/100 mg q.d.), Lopinavir/Ritonavir (400 mg/100 mg b.i.d.).

Atazanavir: AUC: 25%; C_{max}: 21%; t_{1/2}: 40%. Tenofovir: AUC: 12%; C_{max}: 14%; t_{1/2}: 12%.

Atazanavir/Ritonavir: AUC: 125%; C_{max}: 28%; t_{1/2}: 10%. Lopinavir/Ritonavir: AUC: 137%; C_{max}: 137%; t_{1/2}: 29%.

Darunavir/Ritonavir: No significant effect on darunavir/ritonavir PK parameters. Tenofovir: AUC: 122%; C_{max}: 122%; t_{1/2}: 12%.

Lopinavir/Ritonavir: No significant effect on lopinavir/ritonavir PK parameters. Tenofovir: AUC: 132%; C_{max}: 132%; t_{1/2}: 12%.

Darunavir/Ritonavir: No dose adjustment is recommended. The increased exposure of tenofovir could potentially tenofovir associated adverse events, including renal disorders. Renal function should be closely monitored (see section 4.4).

Lopinavir/Ritonavir: No dose adjustment is recommended. The increased exposure of tenofovir could potentially tenofovir associated adverse events, including renal disorders. Renal function should be closely monitored (see section 4.4).

Didanosine: The risk of didanosine-related adverse effects (e.g. pancreatitis, lactic acidosis) appears to be increased, and CD4 cells may decrease significantly on co-administration. Also didanosine at 250 mg co-administered with tenofovir disoproxil fumarate should be avoided.

Adelovir dipivoxil: Tenofovir disoproxil fumarate should not be administered concurrently with adelovir dipivoxil (see section 4.4).

Entecavir: No clinically significant pharmacokinetic interactions were observed when tenofovir disoproxil fumarate was co-administered with entecavir.

Foot effect: tenofovir disoproxil fumarate must be taken with food, as food enhances the bioavailability of tenofovir (see section 5.2).

4.5 Pregnancy and lactation: Animal studies do not indicate direct or indirect harmful effects of tenofovir disoproxil fumarate with respect to pregnancy, foetal development, parturition or postnatal development (see section 5.3).

Lactation: Tenofovir disoproxil fumarate should be used during pregnancy only if the potential benefits justify the potential risk to the foetus.

In animal studies it has been shown that tenofovir is excreted into milk. It is not known whether tenofovir is excreted in human milk.

Current recommendations on HIV and breastfeeding (e.g. those from the WHO) should be consulted before advising patients on this matter. Preferred options may vary depending on the

PATIENT INFORMATION LEAFLET

Tenofovir Disoproxil Fumarate Tablets 300 mg

Tenofovir

Read all of this leaflet carefully before you start taking this medicine. Keep this leaflet. You may need to read it again. You may need to take this medicine for a long time.

1. What Tenofovir is and what it is used for? 2. Before you take Tenofovir? 3. How to take Tenofovir? 4. Possible side effects 5. How to store Tenofovir? 6. Further information

1. WHAT TENOFOVIR IS AND WHAT IT IS USED FOR? Tenofovir is a treatment for Human Immunodeficiency Virus (HIV) infection in adults over 18 years of age and/or for chronic hepatitis B, an infection with hepatitis B virus (HBV) in adults.

You do not have to have HIV to be treated with Tenofovir for HBV. Tenofovir contains the active substance tenofovir disoproxil fumarate. Tenofovir prevents the multiplication of HIV and HBV in the body and is used for the treatment of HIV infection or chronic hepatitis B, or both.

This medicine is not a cure for HIV infection. While taking Tenofovir you may still develop infections or other illnesses associated with HIV infection. It is important to take precautions to avoid infecting other people.

2. BEFORE YOU TAKE TENOFOVIR Do not take Tenofovir if you are allergic (hypersensitive) to tenofovir disoproxil fumarate or to any of the other ingredients of Tenofovir listed at the end of this leaflet.

Talk to your doctor if you have had kidney disease or if tests have shown problems with your kidneys. Tenofovir may affect your kidneys. Before starting this medicine you may need blood tests to check your kidneys are working.

Talk to your doctor if you are over 65. Tenofovir has not been studied in patients over 65 years of age. You may be more at risk of getting this condition. While you are taking Tenofovir, your doctor will monitor your liver function.

Talk to your doctor or health care provider if you have a history of liver disease, including hepatitis. HIV-infected patients with liver disease including chronic hepatitis B or C, who are taking antiretrovirals, have a higher risk of liver disease. Your doctor will carefully consider the best treatment for you.

Talk to your doctor if you have a history of liver disease or chronic hepatitis B infection your doctor should conduct blood tests to monitor your liver function.

Look out for possible signs of lactic acidosis (excess of lactic acid in your blood) once you start taking Tenofovir. Possible signs of lactic acidosis are: drowsiness, nausea, vomiting and stomach pain.

Lactic acidosis occurs more often in women and in patients that are very overweight. If you have liver disease you may also be more at risk of getting this condition. While you are taking Tenofovir, your doctor will monitor your liver function.

Take care not to infect other people. Tenofovir does not eliminate the risk of passing on HIV or HBV to others through sexual contact or blood contamination. You must continue to take precautions to avoid this.

If you are taking other medicinal products, combination antiretroviral therapies may increase blood fats (hyperlipidaemia), cause changes to body fat, and resistance to insulin (see section 4.4, Possible side effects).

If you are taking other medicines, you may develop symptoms of inflammation or worsening of the symptoms of this infection once treatment with Tenofovir is started. These symptoms may be more severe than those you would expect if you were not taking Tenofovir.

Some problems, such as osteoporosis, osteopenia, osteomalacia, osteonecrosis, and bone pain, may develop a bone disease called osteonecrosis (death of bone tissue caused by loss of blood supply to the bone).

Other medicines containing diuretics (for HIV infection): Taking Tenofovir with medicines that contain diuretics can raise the levels of diuretic in your blood. Rarely, inflammation of the pancreas and lactic acidosis (excess lactic acid in the blood), which sometimes causes death, have been reported with medicines containing diuretics.

Taking Tenofovir with your doctor will carefully consider whether to treat you with a combination of tenofovir and didanosine. Taking Tenofovir with food and drink: Take Tenofovir with a meal.

Pregnancy and breast-feeding: If you are pregnant or breastfeeding, you should not take Tenofovir unless specifically directed by your doctor. Be sure to tell your doctor immediately if you are or may be pregnant.

Driving and using machines: Tenofovir can cause dizziness. If you feel dizzy while taking Tenofovir, do not drive and do not use hazardous tools or machines.

Important information about some of the ingredients of Tenofovir: If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

3. HOW TO TAKE TENOFOVIR Always take Tenofovir exactly as your doctor or health care provider has told you. This is to make sure that your medicine is fully effective, and to reduce the risk of developing resistance to the treatment.

Use the usual dose for adults is one tablet each day. Tenofovir should be taken on a full stomach with water or another liquid. If you cannot swallow the tablet, you can use the tip of a spoon to crush the tablet. Then mix the powder with about 100 ml (half a glass) of water, orange juice or grape juice and drink immediately.

Children: This product is not for use by children and adolescents (under 18 years of age). If you have problems with your kidneys, your doctor or health care provider may advise you to take Tenofovir less frequently.

Don't stop taking Tenofovir unless your doctor tells you to. If you have HBV your doctor may offer you an HIV test to see if you have both HBV and HIV. If you have more Tenofovir than you should: If you accidentally take too many Tenofovir tablets, contact your doctor or nearest emergency department for advice.

If you forget to take Tenofovir: If you miss a dose of Tenofovir, take it as soon as you can, and then take your next dose at its regular time. However, if your next dose is due in less than 12 hours, skip the missed dose and take your next dose at the regular time. Do not take a double dose to make up for a forgotten tablet.

If you stop taking Tenofovir: Don't stop taking Tenofovir without your doctor's or health care provider's advice. Stopping treatment with Tenofovir may reduce the effectiveness of the treatment. Talk to your doctor or health care provider before you stop taking Tenofovir for any reason, particularly if you are experiencing any side effects or you have another illness.

Other medicines: Tell your doctor, pharmacist or health care provider if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. Don't stop any anti-HIV medicines prescribed by your doctor when you start Tenofovir if you have both HIV and HBV.

If you are taking other medicines, you may develop symptoms of inflammation or worsening of the symptoms of this infection once treatment with Tenofovir is started. These symptoms may be more severe than those you would expect if you were not taking Tenofovir.

Some problems, such as osteoporosis, osteopenia, osteomalacia, osteonecrosis, and bone pain, may develop a bone disease called osteonecrosis (death of bone tissue caused by loss of blood supply to the bone).

Other medicines containing diuretics (for HIV infection): Taking Tenofovir with medicines that contain diuretics can raise the levels of diuretic in your blood. Rarely, inflammation of the pancreas and lactic acidosis (excess lactic acid in the blood), which sometimes causes death, have been reported with medicines containing diuretics.

Taking Tenofovir with your doctor will carefully consider whether to treat you with a combination of tenofovir and didanosine. Taking Tenofovir with food and drink: Take Tenofovir with a meal.

Pregnancy and breast-feeding: If you are pregnant or breastfeeding, you should not take Tenofovir unless specifically directed by your doctor. Be sure to tell your doctor immediately if you are or may be pregnant.

If you have any further questions on the use of this product, ask your doctor, health care provider or pharmacist.

4. POSSIBLE SIDE EFFECTS
Like all medicines, Texivir can cause side effects, although not everybody gets them.

Very common side effects

- These can affect up to 10 in every 100 patients
- diarrhoea, being sick (vomiting), feeling sick (nausea), dizziness
- Tests may also show:
 - abnormally low phosphate in the blood

Common side effects

- These can affect up to 10 in every 100 patients
- headache, stomach pain, feeling tired, feeling bloated, flatulence
- Tests may also show:
 - liver problems

Rare side effects

- These can affect up to 1 in every 1,000 patients
- excess lactic acid in the blood (lactic acidosis, a serious side effect that can be fatal). The following side effects may be signs of lactic acidosis:
 - deep rapid breathing
 - drowsiness
 - feeling sick (nausea), being sick (vomiting) and stomach pain (see also "Take special care with Texivir")
 - pain in the abdomen caused by inflammation of the pancreas
 - changes to your urine and back pain caused by kidney problems, including kidney failure
 - rash
- Tests may also show:
 - decrease in potassium in the blood
 - increased creatine in your blood
 - liver and pancreas problems

Very rare side effects

- These can affect less than 1 in every 10,000 patients
- shortness of breath
- pain in the tummy (abdomen) caused by inflammation of the liver
- feeling weak
- Tests may also show:
 - damage to kidney tubule cells

Side effects with known frequency:

You may experience injury to the kidney, passing a lot of urine and feeling thirsty, as well as muscle pain or weakness and softening of the bones (with bone pain and sometimes resulting in fractures).

The following side effects have been reported in HIV infected patients treated with medicines of the group of NRTIs, to which Texivir belongs:

- changes in body shape due to changes in fat distribution. These may include loss of fat from legs, arms and face, increased fat in the abdomen and internal organs, breast enlargement and fatty lumps on the back of the neck (buffalo hump).
- increases in blood fats (hyperlipaemia) and an abnormal increase in blood sugar. Your doctor will test for these changes.
- appearance of infection as part of immune reactivation syndrome (see "Take special care with Texivir").

If any of the side effects feel serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or health care provider.

5. HOW TO STORE TEXIVIR

Do not store above 30°C. Keep the container tightly closed. Keep out of the reach and sight of children.
Do not use Texivir after the expiry date which is stated on the bottle and carton after (EXP). The expiry date refers to the last day of that month.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required.

6. FURTHER INFORMATION

What Texivir contains?

The active ingredient is tenofovir disoproxil fumarate 300 mg (equivalent to tenofovir disoproxil 245 mg or tenofovir 136 mg). The other ingredients are: Core tablet: corn starch, croscarmellose sodium, lactose monohydrate, magnesium stearate, microcrystalline cellulose and polybutylene se. Film coat: Opadry II Y-30-10671-A Light blue (containing Lactose Monohydrate, HPMC 2910 / Hypromellose 15P, Titanium dioxide, Tricelatin/Glycerol Trihydrate, FD&C 2/indigo Carmine Aluminum Lake).

What Texivir looks like and contents of the pack?

Light blue capsule shaped, biconvex, film-coated tablets dosed with "TVN" on one side and plain on the other side, packaged in induction-sealed HDPE bottle fitted with a screw cap and containing a silica gel desiccant and Rayon Santocil. Pack size: 30 tablets. The tablets should not be divided.

Manufacturer and supplier:

Cipla Quality Chemical Industries limited (CiplaQCI), Plot 1-7, 1st Ring road, Luzira Industrial Park, P.O. Box 34871, Kampala-Uganda. Tel: +25623124110065 info@cipaqci.co.ug; frontdesk@cipaqci.co.ug www.cipaqci.co.ug

For any information about this medicinal product, please contact the supplier.

This leaflet was last approved in October 2010.

Last updated in September 2014

Detailed information on this medicine is available on the World Health Organization (WHO) web site: <http://who.int/medicines/>.

local circumstances.

4.7 Effects on ability to drive and use machines

No studies on the effects on the ability to drive and use machines have been performed. However, patients should be informed that dizziness has been reported during treatment with tenofovir disoproxil fumarate.

4.8 Undesirable effects

HIV-1 and hepatitis B: In patients receiving tenofovir disoproxil fumarate, rare events of renal impairment, renal failure and proximal renal tubulopathy (including Fanconi syndrome) sometimes leading to bone abnormalities (infrequently contributing to fractures) have been reported. Monitoring of renal function is recommended for patients receiving tenofovir disoproxil fumarate (see section 4.4).

HIV-1: Assessment of adverse reactions from clinical study data is based on experience in two studies in 853 treatment-experienced patients receiving treatment with tenofovir disoproxil fumarate (n = 443) or placebo (n = 210) in combination with other antiretroviral medicinal products for 24 weeks and also in a double-blind comparative controlled study in which 500 treatment-naïve patients received treatment with tenofovir disoproxil fumarate (n = 299) or stavudine (n = 301) in combination with lamivudine and efavirenz for 144 weeks. Approximately one third of patients can be expected to experience adverse reactions following treatment with tenofovir disoproxil fumarate in combination with other antiretroviral agents. These reactions are usually mild to moderate gastrointestinal events.

The adverse reactions with at least a possible relationship to treatment are listed below by body system organ class and above frequency. Within each frequency grouping, undesirable effects are presented in order of decreasing seriousness. Frequencies are defined as very common (≥ 1/10) or common (≥ 1/100, < 1/10). See also *Post-marketing experience below*.

Metabolism and nutrition disorders:

Very common: hypophosphatemia

Nervous system disorders:

Very common: dizziness

Gastrointestinal disorders:

Very common: diarrhoea, vomiting, nausea

Common: flatulence

Approximately 1% of tenofovir disoproxil fumarate-treated patients discontinued treatment due to the gastrointestinal events.

Combination antiretroviral therapy has been associated with metabolic abnormalities such as hypertriglyceridaemia, hypercholesterolaemia, insulin resistance, hyperglycaemia and hyperlactataemia (see section 4.4). Combination antiretroviral therapy has been associated with redistribution of body fat (lipodystrophy) in HIV patients including the loss of peripheral and facial subcutaneous fat, increased intra-abdominal and visceral fat, breast hypertrophy and dorsocervical fat accumulation (buffalo hump).

Hepatitis B: Assessment of adverse reactions from clinical study data is primarily based on experience in two double-blind comparative controlled studies in which 641 patients with chronic hepatitis B and compensated or disease received treatment with tenofovir disoproxil fumarate 300 mg daily (n = 426) or zidovudine 100 mg daily (n = 215) for 48 weeks.

Adverse reactions with at least a possible causal relationship to treatment are listed below by body system organ class and above frequency. Frequencies are defined as common (≥ 1/100, < 1/10). See also *Post-marketing experience below*.

Nervous system disorders:

Common: headache

Gastrointestinal disorders:

Common: diarrhoea, vomiting, abdominal pain, nausea, abdominal distension, flatulence

Hepatobiliary disorders:

Common: ALT increase

General disorders:

Common: fatigue

Exacerbations during treatment of hepatitis B virus: In studies of hepatitis B virus treatment in nucleoside-naïve patients, on-treatment ALT elevations > 10 times ULN (upper limit of normal) and > 2 times baseline occurred in 2.6% of tenofovir disoproxil fumarate-treated patients versus 1.9% of zidovudine-treated patients.

Among tenofovir disoproxil fumarate-treated patients, on-treatment ALT elevations had a median time to onset of 8 weeks, resolved with continued treatment, and, in a majority of cases, were associated with a ≥ 2 log₁₀ copies/mL reduction in viral load that preceded or coincided with the ALT elevation. Periodic monitoring of hepatic function is recommended during treatment.

Post-marketing experience: In addition to adverse reaction reports from clinical studies, the following possible adverse reactions have also been identified during post-marketing safety surveillance of tenofovir disoproxil fumarate. Frequencies are defined as rare (≥ 1/10,000, < 1/1,000) or very rare (< 1/10,000). Adverse reaction reports, osteomalacia (manifested as bone pain and infrequently contributing to fractures), hypokalaemia, muscular weakness, myopathy

Renal and urinary disorders:

Rare: acute renal failure, renal failure, proximal renal tubulopathy (including Fanconi syndrome), increased serum creatinine

Very rare: acute tubular necrosis

Not known: nephritis (including acute interstitial nephritis), nephrogenic diabetes insipidus

General disorders:

Very rare: asthenia

Not known: immune reconstitution syndrome

The following adverse reactions, listed under the body system headings above, may occur as a consequence of proximal renal tubulopathy (including Fanconi syndrome), osteomalacia (manifested as bone pain and infrequently contributing to fractures), hypokalaemia, muscular weakness, myopathy and hypophosphatemia. These events are not considered to be causally associated with tenofovir disoproxil fumarate therapy in the absence of proximal renal tubulopathy. In HIV infected patients, clinical and laboratory evidence of exacerbations of hepatitis have occurred after discontinuation of HBV therapy (see section 4.4).

4.9 Overdose

If overdose occurs the patient must be monitored for evidence of toxicity (see sections 4.8 and 5.3), and standard supportive treatment applied as necessary. Tenofovir can be removed by haemodialysis; the median haemodialysis clearance of tenofovir is 134 mL/min. The elimination of tenofovir by peritoneal dialysis has not been studied.

5. PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Nucleoside and nucleotide reverse transcriptase inhibitors, ATC code: J05AF07

Mechanism of action: Tenofovir disoproxil fumarate is the fumarate salt of the prodrug tenofovir disoproxil. Tenofovir disoproxil is absorbed and converted to the active substance tenofovir, which is a nucleoside monophosphate (nucleotide) analogue. Tenofovir is then converted to the active metabolite, tenofovir diphosphate, an obligate chain terminator, by constitutively expressed cellular enzymes. Tenofovir diphosphate inhibits HIV-1 reverse transcriptase and the HBV polymerase by direct binding competition to the natural deoxyribonucleotide substrate and, after incorporation into DNA, by DNA chain termination.

Tenofovir diphosphate is a weak inhibitor of cellular polymerases α , β , and γ . At concentrations of up to 300 μ Mol/L, tenofovir has also shown no effect on the synthesis of mitochondrial DNA or the production of lactic acid in *in vitro* assays.

Data pertaining to HIV

HIV antiviral activity *in vitro*: The concentration of tenofovir required for 50% inhibition (EC₅₀) of the wild-type laboratory strain HIV-1_{IB} is 1.5 μ Mol/L in lymphoid cells and 1.1 μ Mol/L against primary HIV-1 subtype B isolates in PBMCs. Tenofovir is also active against HIV-1 subtypes A, C, D, E, F, G, and O and against HIV-1B. In primary monocyte/macrophage cells, Tenofovir shows activity *in vitro* against HIV-2, with an EC₅₀ of 4.8 μ Mol/L in MT-4 cells.

Resistance: The K65R mutation is selected *in vitro* when HIV-1 is cultured in the presence of increasing tenofovir concentrations. It may also emerge in HIV-1 upon virological failure of a treatment regimen including tenofovir. K65R reduces tenofovir susceptibility *in vitro* approximately 2-fold, and has been associated with a lack of response to tenofovir-containing regimens. Clinical studies in treatment-experienced patients have assessed the anti-HIV activity of tenofovir against strains of HIV-1 with thymidine analogue mutations (TAMs), which are not selected for by tenofovir. Patients whose HIV expressed 3 or more TAMs that included either the M41L or L210W mutation showed reduced response to tenofovir.

Clinical results: In treatment-naïve patients, when tenofovir was combined with lamivudine and efavirenz, the proportion of patients (ITT) with HIV-RNA <50 copies/mL were 76 and 68% at 48 and 144 weeks, respectively. When tenofovir was combined with emtricitabine and efavirenz, the proportion of patients (ITT) with HIV-RNA <30 copies/mL were 80 and 84% at 48 and 144 weeks, respectively.

Data pertaining to HBV

HBV antiviral activity *in vitro*: The *in vitro* antiviral activity of tenofovir against HBV was assessed in the HepG2 2.2-15 cell line. The EC₅₀ values for tenofovir were in the range of 0.14 to 1.5 μ Mol/L, with CC₅₀ (50% cytotoxicity concentration) values > 100 μ Mol/L.

Resistance: No HBV mutations associated with tenofovir disoproxil fumarate resistance have been identified in clinical studies. The role of tenofovir resistance with longer duration therapy is presently unclear. In cell based assays, HBV strains expressing the rV173L, rI181R, and rM204V mutations associated with resistance to lamivudine and telbivudine showed a susceptibility to tenofovir ranging from 0.7 to 0.4-fold that of wild-type virus. HBV strains expressing the rL181R, rT184Q, rS202Q/L, rM204V, and rM205V mutations associated with resistance to entecavir showed a susceptibility to tenofovir ranging from 0.5- to 0.8-fold (range of wild-type virus). HBV strains expressing the adenofovir-associated resistance mutations rA181V and rN287 showed a susceptibility to tenofovir ranging from 2.8- to 10-fold that of wild-type virus. Viruses containing the rA181T mutation remained susceptible to tenofovir with EC₅₀ values 1.5-fold that of wild-type virus.

Clinical results: The demonstration of benefit of tenofovir disoproxil fumarate is based on historical, virological, biochemical and serological responses mainly in treatment-naïve adults with HBeAg positive and HBeAg negative chronic hepatitis B with compensated liver disease.

In HBeAg positive patients with compensated liver disease treated with tenofovir, 76% of randomized patients had HBV-DNA <400 copies/mL (<69 IU/mL) at week 48, and 21% exhibited HBeAg seroconversion. In an open label extension of this study efficacy was maintained at 80 weeks, with 78% of patients having HBV-DNA <400 copies/mL.

In HBeAg negative patients with compensated liver disease treated with tenofovir, 93% of randomized patients had HBV-DNA <400 copies/mL at week 48. In an open label extension of this study, efficacy was maintained at 96 weeks, with 90% of patients having HBV-DNA <400 copies/mL.

When the results of these two studies were combined, response to tenofovir treatment was comparable in nucleoside-experienced and nucleoside-naïve patients and in patients with normal ALT and abnormal ALT at baseline.

In a randomized, 48-week, double-blind, controlled study of tenofovir disoproxil fumarate in patients co-infected with HIV-1 and chronic hepatitis B with prior lamivudine experience,

treatment with tenofovir was associated with a mean change in serum HBV DNA from baseline of -5.74 log₁₀ copies/mL in the patients for whom there was 48-week data, (n = 18).

Co-infection with hepatitis C or D: There are no data on the efficacy of tenofovir in patients co-infected with hepatitis C or D.

5.2 Pharmacokinetic properties

Tenofovir disoproxil fumarate is a water-soluble ester prodrug, which is rapidly converted *in vivo* to tenofovir and formaldehyde. Tenofovir is converted intracellularly to tenofovir monophosphate and to the active component, tenofovir diphosphate.

Absorption

Following oral administration of tenofovir disoproxil fumarate to HIV infected patients, tenofovir was rapidly absorbed and converted to tenofovir. The mean (SD) tenofovir C_{max} value was 166 ng/mL (±49) and the corresponding value for AUC was 1169 ng·h/mL (±259). The mean tenofovir T_{1/2} value was 1.00 hour.

The oral bioavailability of tenofovir from tenofovir disoproxil fumarate in fasted patients was approximately 25%. Administration of tenofovir disoproxil fumarate with a high fat meal enhanced the oral bioavailability, with an increase in tenofovir AUC by approximately 40% and C_{max} by approximately 14%. However, administration of tenofovir disoproxil fumarate with a light meal did not have a significant effect on the pharmacokinetics of tenofovir.

Distribution

Following intravenous administration the steady-state volume of distribution of tenofovir was estimated to be approximately 800 mL/kg. *In vitro* protein binding of tenofovir to plasma or serum protein was less than 0.7 and 7.2%, respectively, over the tenofovir concentration range 0.01 to 25 μ Mol/L.

Biotransformation

In vitro studies have determined that neither tenofovir disoproxil fumarate nor tenofovir are substrates for the CYP450 enzymes. Moreover, at concentrations substantially higher (approximately 3000-fold), tenofovir did not inhibit *in vitro* drug metabolism mediated by any of the major human CYP450 isoforms involved in drug biotransformation (CYP3A4, CYP2D6, CYP2C9, CYP2E1, or CYP1A2). Tenofovir disoproxil fumarate at a concentration of 100 μ Mol/L had no effect on any of the CYP450 isoforms, except CYP1A2, where a small (8%) but statistically significant reduction in metabolism of CYP1A2 substrate was observed. Based on these data, it is unlikely that clinically significant interactions involving tenofovir disoproxil fumarate and medicinal products metabolized by CYP450 would occur.

Elimination

Tenofovir is primarily excreted by the kidney, both by filtration and an active tubular transport process. Studies have shown that the amount of drug excreted in urine following intravenous administration. Total clearance has been estimated to be approximately 290 mL/kg (approximately 300 mL/min). Renal clearance has been estimated to be approximately 160 mL/min, the mean (SD) of tenofovir exposure increased from 2.185 (12%) ng·h/mL in subjects with a glomerular filtration rate is in excess of the glomerular filtration rate. This indicates that active tubular secretion is an important part of the elimination of tenofovir. Following oral administration the terminal half-life of tenofovir is approximately 12 to 18 hours.

Studies have established the pathway of active tubular secretion of tenofovir to be influx into proximal tubule cell by the human organic anion transporters (OAT1) and 3 and efflux into the urine by the multidrug resistant protein (MRP 4). *In vitro* studies have determined that neither tenofovir disoproxil fumarate nor tenofovir are substrates for the CYP450 enzymes.

Age and gender

Limited data on the pharmacokinetics of tenofovir in women indicate no major gender effect. Pharmacokinetic studies have not been performed in children and adolescents (under 18 years) or in the elderly (over 65 years). Pharmacokinetics in women not been specifically studied in different ethnic groups.

Renal impairment

Pharmacokinetic parameters of tenofovir were determined following administration of a single dose of tenofovir disoproxil fumarate 300 mg to 40 non-HIV, non-HBV infected patients with varying degrees of renal impairment defined according to baseline creatinine clearance (CrCl) (normal renal function when CrCl > 80 mL/min; mild with CrCl = 50-79 mL/min; moderate with CrCl = 30-49 mL/min and severe with CrCl = 10-29 mL/min). Compared with patients with normal renal function, the mean (SD) of tenofovir exposure increased from 2.185 (12%) ng·h/mL in subjects with CrCl > 80 mL/min to respectively 3.064 (30%) ng·h/mL, 6.009 (42%) ng·h/mL and 15.985 (45%) ng·h/mL in patients with mild, moderate and severe renal impairment. The dosing recommendations in patients with renal impairment, with increased dosing interval, are expected to result in higher peak plasma concentrations and lower C_{min} levels in patients with renal impairment compared with patients with normal renal function. The clinical implications of this are under investigation.

End-stage renal disease (ESRD)

In patients with end-stage renal disease (ESRD) (< 10 mL/min) requiring haemodialysis, between dialysis tenofovir concentrations substantially increased over 48 hours achieving a mean CrCl of 1.292 mL/min and a mean AUC_{0-48h} of 42.867 ng·h/mL. It is recommended that the dosing interval for tenofovir disoproxil fumarate 300 mg is modified in patients with creatinine clearance < 50 mL/min or in patients who already have ESRD and require dialysis (see section 4.2).

The pharmacokinetics of tenofovir in non-haemodialysis patients with creatinine clearance < 10 mL/min and in patients with ESRD managed by peritoneal or other forms of dialysis have not been studied.

Hepatic impairment

A single 300 mg dose of tenofovir disoproxil fumarate was administered to non-HIV, non-HBV infected patients with varying degrees of hepatic impairment defined according to Child-Pugh-Turcotte (CPT) classification. Tenofovir pharmacokinetic parameters were not substantially different in subjects with hepatic impairment suggesting that no dose adjustment is required in these subjects. The mean (SD) tenofovir C_{max} and AUC_{0-48h} values were 223 (34.8%) ng/mL and 2.31 (43.5%) ng·h/mL, respectively, in normal subjects compared with 289 (46.0%) ng/mL and 2.47 (44.0%) ng·h/mL in subjects with severe hepatic impairment.

Intracellular pharmacokinetics

Tenofovir diphosphate has an intracellular half-life of 10 hours in activated and 50 hours in resting peripheral blood mononuclear cells (PBMCs).

5.3 Preclinical safety data

Preclinical studies: Studies conducted in rats, dogs and monkeys revealed target organ effects in gastrointestinal tract, kidney, bone and a decrease in serum phosphate concentration. Bone toxicity was diagnosed as osteomalacia (monkeys) and reduced bone mineral density (rats and monkeys) in subjects with hepatic impairment suggesting that there was a substance-related decrease in intestinal absorption of phosphate with potential secondary reduction in bone mineral density. However, no conclusion could be drawn on the mechanism(s) underlying these toxicities. Reproductive studies were conducted in rats and rabbits. There were no effects on mating or fertility parameters or on any pregnancy or foetal parameters. There were no gross foetal alterations of soft or skeletal tissues. Tenofovir disoproxil fumarate reduced the viability index and weight of pups in a rat multiple dose study. Genotoxicity studies have shown that tenofovir disoproxil fumarate was negative in the *in vitro* mouse bone marrow micronucleus assay but was positive for inducing forward mutations in the *in vitro* SV157 mouse lymphoma cell assay in the presence or absence of S9 metabolic activation. Tenofovir disoproxil fumarate was positive in the Ames test (strain TA 1538) in two out of three studies, once in the presence of S9 mix (5.2- to 6.8-fold increase) and once without S9 mix.

Tenofovir disoproxil fumarate was also weakly positive in an *in vivo* *in vitro* unscheduled DNA synthesis test in primary rat hepatocytes. Tenofovir disoproxil fumarate did not show any carcinogenic potential in a long-term oral carcinogenicity study in rats. A long-term oral carcinogenicity study in mice showed a low incidence of ductal tumours, considered likely related to high local concentrations of tenofovir disoproxil fumarate in the gastrointestinal tract at a dose of 600 mg/kg/day. While the mechanism of tumour formation is uncertain, the findings are unlikely to be of relevance to humans.

6. PHARMACEUTICAL PARTICULARS

6.1 List of Excipients

Core tablet: Corn starch, croscarmellose sodium, lactose monohydrate, magnesium stearate, microcrystalline cellulose and polybutylene se. Film coat: Opadry II Y-30-10671-A Light blue (containing Lactose Monohydrate, HPMC 2910 / Hypromellose 15P, Titanium dioxide, Tricelatin/Glycerol Trihydrate, FD&C 2/indigo Carmine Aluminum Lake).

6.2 Incompatibilities

Not applicable

6.3 Shelf life

36 months

6.4 Special precautions for storage

Do not store above 30°C. Keep the container tightly closed.

6.5 Nature and contents of container

Induction-sealed HDPE bottle filled with a screw cap and containing a silica gel desiccant and Rayon Santocil. Pack size: 30 tablets

6.6 Special precautions for disposal

No special requirements.

Any unused product or waste material should be disposed off in accordance with local requirements.

Safe disposal instructions about the desiccant desiccant bag or its contents (silica gel) must not be chewed, swallowed or torn. It should be disposed of intact.

7. Manufacturer and supplier:

Cipla Quality Chemical Industries limited (CiplaQCI), Plot 1-7, 1st Ring road, Luzira Industrial Park, P.O. Box 34871, Kampala-Uganda. Tel: +25623124110065 info@cipaqci.co.ug; frontdesk@cipaqci.co.ug www.cipaqci.co.ug

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